9 September 2003

Fit To Fight #2 -- Are You Ready?

I have received a great deal of positive feedback from the first "Fit To Fight" Sight Picture. We now need to make sure that we, and everyone in our units and organizations, are on track to be ready for the test in January.

Be assured that we are all taking this seriously. We are working now on additional parts of the program that will have information for squadron physical training, nutrition guidelines, the fitness test scoring criteria, and provide details on accountability of commanders and individuals. Details will be out as soon as possible. In the meantime January is coming. Be ready.

AIR FORCE Air & Space Power